

## Cyber Wellness

# Declaration of responsible online behaviour

1. I will **NEVER** arrange to meet people I have met online without permission from my parents, and even then, I will **NEVER** go by myself or without an adult.
2. I realise that people I have met on the internet are strangers and they may not be what they seem
3. I will **NEVER** give out my address or phone number to people I have met on the internet
4. I will **NEVER** put personal information about myself, my family or my friends on the internet, especially information about where I am going to be
5. I will **NEVER** send people pictures of myself without permission from my parents
6. I will **NEVER** respond to any messages I think are obscene or threatening and I will **TELL** an adult about anything that makes me feel uncomfortable or afraid
7. I realise that not everything on the internet is true, and that there are people out there who are not what they seem
8. I will **NEVER** fill out forms on the internet, giving my personal information, without asking a parent
9. I will **NEVER** share my passwords on the internet, giving my personal information, without asking a parent.
10. I **WILL** be very careful about what I download and what emails I open because I realise that they may contain harmful spyware and viruses.



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