

Study Tips

Preparing for Exam Success!

Study Tip ①

- Understand your study topics: **Explain to yourself, in your own words, what you have learned.** Write down facts and notes in your own words.

Study Tip ②

- Don't be afraid to ask questions. **If you don't understand** a word, a concept or an explanation, **ask for it to be explained.**

Study Tip ③

- Quiz yourself: Once you understand something, **test yourself** on it. Write down your answer. While doing this, keep as close to exam conditions as possible –**turn off your cell phone**, don't talk to anybody, time yourself, etc. You can set yourself a study quiz or practise answering exam questions. As long as you approach it with the right attitude, you can get a very good idea of how much you know and where you stand in relation to what you have studied so far. Also, this testing of yourself will be valuable exam preparation.

Study Tip ④

- Be creative with different study methods. Don't feel obliged to just sit in front of a book with a highlighter; there are many other ways to study. Try **using as many study methods** as possible to help you study better, and then choose what works best for you. Examples of such study methods are flashcards, mind maps, mnemonics, study planners, and video and audio resources. For example: **Flashcards** are ideal for improving your memory and helping you to recall theory, definitions and key dates. These are useful for quick study sessions, especially just before an exam.

Study Tip ⑤

- **Set your study goals** and create a flexible study plan. In order to achieve exam success you need to know what you want to achieve. That is why it is extremely important to set your study goals now and outline to yourself what you need to do.
- **You can write them down in the pledge form at the end of this booklet.** With your study goals in mind and your end-of-year exams still weeks and months away, it makes sense to have a flexible study plan as opposed to a rigid one. The closer you get to your exams the more specific your study plan should be. Early on, your plan should be a guide to make sure you **cover all of your subjects**. However, it should be broad enough to allow you to add and change aspects. It should be clear enough so you know at any point that you are covering each subject or topic as best you can.

If you incorporate these five tips into your study plans you will be well on your way to achieving exam success. The earlier you start learning for exams, the more time you will have to revise. This will help you to remember better and you will have less stress.

Source: Adapted from Exam time, 2013