

This is a copy of an e-mail from Elmari Basson, SMT member at Paarl Girls' High School to Dr Johann Burger and Vidette Ryan (among others) the Cape Winelands District's Lead and Growth Mindset Champions respectively, sent on Thursday, 03 September 2020, and **followed by a response by Vidette.**

Subject: FEEDBACK - GROWTH MINDSET - PAARL GIRLS' HIGH

Goeiedag.

Hiermee sal ek graag wil terugvoer gee oor **Hoër Meisieskool Paarl se poging om met ons leerders die GROWTH MIND SET** inhoud te deel.

Ons besef dat die program (deel van *Transform to Perform*) gerig was op die graad 12-leerders, maar het gou besef dat as ons kan, moet ons tyd maak om dit vir soveel as moontlik leerders (laerskool en hoërskool) deur te gee. Ons opvoeders wat nou betrokke is by *leerderwelstand* het twee onderskeie programme opgestel. Eerstens 'n program vir die Graad 4 - 7 leerders en tweedens 'n program vir die Graad 8 - 12 leerders. Die grondslagfase opvoeders is nou besig om die program bietjie aan te pas sodat dit van toepassing sal wees op ons Graad 1 - 3 leerders. Ons beoog om hierdie inligting in September 2020 met al ons leerders te deel.

So eerstens wil ons die mense betrokke by hierdie inisiatief bedank vir die moeite met die inligting en video's wat aan skole gestuur is. Hierdie was ons inspirasie vir die Growth Mind Set program by HMS Paarl.

Graad 12-leerders

Die graad 12-leerders het op Dinsdag, 1 September 'n sessie gehad wat deur die graad 12 Lewensoriëntering opvoeder aangebied was. Daar was slegs 6 leerders afwesig wat nie die vorm ingevul het nie. Die res van die groep het die pre-evalueringsvorm wat ons ontvang het, voltooi. Die 5 fokuspunte is deur die opvoeder aan die graad 12-groep deurgegee. (Sien aangehegde powerpoint aanbieding). Sy het die volgende terugvoer gegee:

1. Sy het die volgende fokuspunte gedek:
 - Train your brain
 - Growth Mindset focusing on the willingness to learn
 - Take care about your words you tell yourself.
2. Die inligting is positief ontvang en meer tyd sou 'n groter impak gemaak het. Ons het spesiaal hierdie sessie geskep omdat LO kurrikulum voltooi moes word tydens klasperiodes.
3. Me Scheepers was baie beïndruk met die inligting ontvang en het as 'n baie goeie basis gedien om die inhoud aan te pas op so 'n manier dat die leerders daarmee kon vereenselfwig.
4. Me Scheepers gaan die sessie opvolg met 'n e-pos wat aan die leerders gestuur gaan word wat die aanbieding insluit sodat die leerders ook op hul eie weer deur die inhoud te kan werk.

Graad 8 - 11-leerders

In die komende 2 weke gaan Me Scheepers die *Growth Mind Set program* ook met die graad 8 - 11 leerders behandel in graadperiodes. Daar is ook 'n spesiale geleentheid geskep vir die oordra van hierdie inligting tydens die assesseringsweek van die graad 9-leerders.

Graad 4 - 7-leerders

Me Lehan Burger het gevoel dat hierdie inligting KARDINAAL is vir leerders wat in hierdie fase val. Sy het BAIE moeite gedoen om lesse uit te werk wat gebaseer is op die inligting ontvang vanaf die departement. Sien aangeheg.

Ek heg ook die vorms aan wat deur u versoek is.

Ons het dit regtig baie geniet om aan hierdie projek te werk. Weereens baie dankie vir die inisiatief. Dis baie waardevolle inligting vir die leerders.

Laat weet as julle enige insette het.

Groete

Elmari Basson

Dear Ms Elmari

It was such a pleasure to connect with you telephonically this afternoon.

I hereby would like to thank you on behalf of myself and our district T2P Team for the exceptionally detailed and inspirational feedback that you have provided. It truly is admirable what you and the Paarl Girls High Team have been able to accomplish during this difficult time – well done! Thank you for embracing the GM4L with such a positive spirit and innovative mindset.

Thank you for adapting the GM4L program in order to make it suitable for your context and for incorporating developmentally appropriate mediation teaching principles by the respective educators involved. The GM4L principles, once understood and consolidated, can be easily transferred to all areas of a learner's live whether it is in their academics, personal lives, making career choices, overcoming adversity or boosting sport performance to name but a few examples.

I also want to thank you for sharing your passion and the interest that you have developed in the Growth Mindset principles and even reading up on it. It warmed my heart and put such a big smile on my face when I heard that you purchased the book of Prof Carol Dweck (a truly wonderful read). I think Ms. Jackie must be having a wonderful time with the program as she can relate well with the GM principles from her own coaching, sporting and teaching experiences. I am very much in agreement with Ms. Lehan that the Grades 4-7 need to be included. Their developmental phase as well as the transitional scholastic period from foundation to intermediate-senior phase and then again exiting to the high school, come with many demands and pitfalls. It is so interesting to hear that the young learners from Gr 1-3 will also be included - I am very excited about this and look forward to hearing feedback about their experience and how you went about implementing it.

I am also pleased to see that you have included a once weekly Learner Wellness period to further strengthen and support the learners' mental health and wellbeing during this time. It will most certainly assist in bolstering their innate resilience and ability to cope with the current conditions and challenging journey that lie ahead.

Please send my gratitude to all the other PGHS staff members, Ms Jackie and Ms Luhan for all their dedication, support and care that they continue to provide to learners and each other. Each and every one of you are so dearly valued and you are true superheroes. Thank you for being role models of hope and possibility during this pandemic to your school community.

You must please keep us all updated on your Growth Mindset journey and continue to share your positivity. Remember that you are always welcome to contact me, Dr Johann Burger or your designated ISLES Members if you have any questions, want to share ideas or just connect with us.

May you and everyone at PGHS continue to be safe and remain so inspiring.

Kind regards

Vidette
GM District Champion