

Your Employee Health & Wellness Programme (EHWP)

Partner with your EHWP on your journey to optimal well-being. We provide professional support where your confidentiality is our priority.

HOW CAN WE SUPPORT YOU?

-  Family challenges
-  Financial advice
-  Health and wellness
-  HIV and AIDS
-  Work/Life support
-  Personal budgeting
-  Relationships
-  Stress management
-  Substance abuse
-  Trauma
-  Legal advice
-  Medical advice
-  Work-related challenges

Toll-free number: **0800 111 011**
or send a USSD to ***134*664*38#**
or Email: **wced@mhg.co.za**

Download the Hello Doctor application or visit the website at **www.hellodoctor.co.za**.

